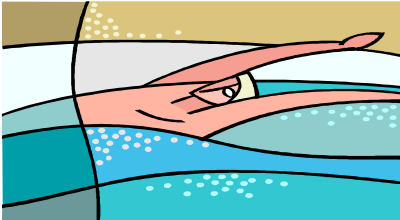




# Private Swim Packages

*\*Suburban Health Club Members receive a 10% discount on all Private/Semi-Private Swim Packages & Adaptive Water Programs.*

## Private Swim Lessons for Children and Adults



**Does your child have a difficult time learning in a class setting?** Private or Semi Private Swim Lessons may be your answer. Your child/children will receive personalized instruction to help them learn the skills necessary to feel confident in the water and/or advance their skills. Semi-Private Lessons are also convenient for families or friends with children in the same swim level.

**OR.....**

**Are you an adult who never learned to swim as a child?** Adult Private Swim Lessons are your opportunity to become comfortable in the water and learn a skill that could save your life. Swimming is also a great, life-long form of exercise that's gentle on your joints.

**Suburban Health Club**  
**10081 Co. Rd. 138**  
**St. Cloud, MN 56301**  
**Tel: 320-251-3965**  
**www.suburbanhealthclub.com**

### Children's Private Lessons

(One-on-One with Certified Instructor)

Half-Hour Sessions:

- Single Session.....\$20.00
- 4 Sessions.....\$72.00
- 6 Sessions.....\$105.00
- 8 Session.....\$135.00

### Children's Semi-Private Lessons

(2 Children/Same Swim Level w/Cert.Instructor)

\*3 children add 30% to package

Half-Hour Sessions:

- Single Session.....\$30.00
- 4 Sessions.....\$100.00
- 6 Sessions.....\$146.00
- 8 Session.....\$190.00

### Adult Private Swim Lessons (18 or older)

(One-on-One Instruction with Cert. Instructor)

45-Minute Sessions:

- Single Session.....\$30.00
- 4 Sessions.....\$105.00
- 6 Sessions..... \$152.00
- 8 Session.....\$200.00

### Adaptive Water Programs

Adaptive Water Programs are designed for the special needs child or adult. A customized program is designed to fit their individual needs, including a written plan that the participant can continue to follow at the conclusion of the package.

45-Minute Sessions:

- 4 Sessions.....\$120.00
- 8 Session.....\$220.00

*\*\*Prices Effective 6/1/09.*