
Tournaments

Every year Suburban hosts two sanctioned tournaments. Mark your calendars and get ready for the biggest racquetball events of the year!

WINTER CHLLER

November 20-22, 2009

SUBURBAN SLAM

February 26-28, 2010

Questions?

Jason Krantz, Suburban's racquetball coordinator, or his assistants Meadow Barth, Patty Decker, or Jordan Barth are all happy to answer any questions about the games, league, or tournaments at any time!

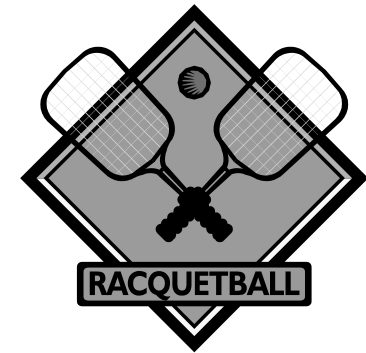


Suburban Health Club
320-251-3965
www.suburbanhealthclub.com

10081 County Road 138
St. Cloud, MN 56301

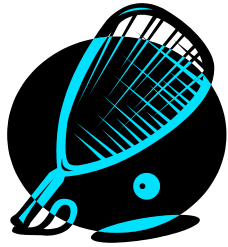
Suburban Racquetball Programs

2009-2010 Season



Our mission is to provide a healthy environment that enables our members to achieve their fitness goals. We also dedicate ourselves to maintaining a relaxed, fun atmosphere that satisfies the recreational needs of our members.

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Racquetball for everyone!

Racquetball is an exhilarating sport that combines the rules of both squash and handball. Some claim it's the easiest sport to get addicted to. This is in part because racquetball is an easy sport to pick up and play for the first time, unlike many other racquet sports. The game is played most commonly between two players, but is also played with four players.

Suburban Health Club offers a wide variety of racquetball opportunities for all ages and skill levels. Racquetball is a wonderful game to play that helps players meet new people, get a great workout, and most importantly, have fun!

NEW THIS YEAR!

*League participants receive FREE MRA membership and associated benefits!

Adult League

This reoccurring 8-week league is open to men and women of any skill level.

- Singles league is played on Monday nights at 5:00 pm beginning October 5.
- Doubles league is played on Thursday nights at 5:30 pm beginning October 8.

Mini Mixed-Up Tournaments

Players of all skill levels are invited to join others for a little competitive recreation. Pairs are randomly selected to make the games extra fun. Players pay a small fee that gets paid back to the winners at the end of the night when all the points are added up.

Fun for Kids, too!

Suburban's racquetball league for kids begins Saturdays in November. Please call to sign-up.

*Suburban will pay the MRA membership fee for any member who registers for an MRA sanctioned tournament. MRA application must be submitted by Suburban.

Open Court Schedule

Our racquetball courts are available for any-time play by reservation, or on a first come, first serve basis on Tuesdays, Wednesday, and Sundays. Call or stop by at the front desk to make your reservation. Equipment is available at the front desk.

Rates

Members: FREE!

Non-Members: Appropriate Guest Fees.

Pro Shop

We offer a variety of racquetball gear, accessories, and racquets at competitive prices. Special orders are available at no extra charge. Demo racquets are available.

Racquet Re-Stringing

Standard restring: \$23.00, plus tax.