



200-Hour In-Depth Yoga Study and Teacher Training Program
Application Form
2010 - 2011

Please complete all questions below and submit your application to The Yoga Loft along with a \$250.00 non-refundable registration deposit. You may use the back of this form or additional pages if necessary. Please write legibly.

Prior to completing your enrollment you will be required to take 1 yoga class at The Yoga Loft for teacher approval with either Jessie Thompson, Alysha Pfeiffer, Megan Ridge, or Carrie Morgan. Please introduce yourself before the start of the class, and make sure we have your contact information. Call or email us with any questions you have about the program or application process.

Name:

Address:

Phone(s):

Email:

1. How long have you been practicing yoga?
2. What styles or methods of yoga have you practiced and with whom?
3. If you are already teaching yoga, how long have you been teaching and where?
4. Do you have a regular yoga practice? If so, how many times a week?
5. Do you have any injuries or medical conditions?