

300-Hour In-Depth Yoga Study and Advanced Teacher Training Program

Application Form
2010-2011



Please complete all questions below and submit your application to The Yoga Loft along with a \$250.00 non-refundable registration deposit. You may use the back of this form or additional pages if necessary. Please write legibly.

Call or email us with any questions you have about the program or application process.

Name:

Address:

Phone(s):

Email:

1. How long have you been practicing yoga?
2. What styles or methods of yoga have you practiced and with whom?
3. If you are already teaching yoga, how long have you been teaching and where?
4. Do you have a regular yoga practice? If so, how many times a week?
5. Do you have any injuries or medical conditions?