

Explore Tunisian Dance

with Amala Gameela

Mondays
8:15 - 9:15pm

6-week series
February 8 - March 15, 2010

COST: (call to pre-register)
\$75 for new students of Amala
\$60 for students currently enrolled
in Amala's Level 1, 2 or 3 classes

at The Yoga Loft
521 E Fourth St., 3rd Floor
Bethlehem, PA 18015
610-867-9642

Tunisian Dance is characterized by sharp hip twisting movements that express the highly rhythmic and syncopated music. This unique style challenges dancers to master swiveling hip accents with straight legs in relevé.

*Perfect your hip twists, learn a new dance style,
and experience a stamina-building
workout with fun choreography!*

Amala will break down intricate hip twisting steps found in the Tunisian cultural dance, as well as provide costuming suggestions, music, and hand outs.

Two hip wraps and some dance experience recommended.



The Yoga Loft