

EVOLVERE THERAPY™
UNLEASHING LIMITATIONS WITH
LOVE AND GRATITUDE

BY

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ACUGEMS™
HEALING THROUGH AN OPEN HEART

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"Imagination is more important than knowledge. For knowledge is limited, while imagination encircles the entire world."

-Albert Einstein

Abstract

This dissertation addresses emerging new development in the fields of science and medicine as well as modalities to capture support processes between them. It contributes to the discussion about combining the knowledge in the fields of Epigenetics, Energy Psychology, Chinese Medicine and the Wisdom of the Heart. To explore the exchange processes in this field, the study applies various research methods. In particular, it examines new and old research in heart connection, bringing to light the modality of Evolvere Therapy™ with its roots in Chinese Medicine Heart synergy that can influence the subconscious and is on the cutting edge of the new paradigm of energy medicine.

Over the past 10-15 years, the science of epigenetics has been making it into the mainstream. Epigenetic control mechanisms are processes by which an organism responds to its environment and then controls and influences its own genetic activity. Epigenetic control tells us it's the environment that controls the genes.

We actually are continually changing our genes by what we choose to think, feel and do. Such choices are constantly being genetically encoded in our brain and energetic structures. Our neurological pathways are strengthened by frequency and weakened by infrequency. Therefore, learning how to self-regulate our emotions are fundamental to unlocking our potential for greater health and well-being and greater connectedness with others and ourselves.

According to Dr. Bruce Lipton, 95% of the populations possess "fit" genes; dysfunctions in this population are attributable to environmental influences (nurture). Nurture experiences, initiated in utero, provide for "learned perceptions".

Along with genetic instincts, these perceptions constitute the life-shaping subconscious mind. This takes us into a new vision: from victims of genes to a NEW biology that says you are the master of your genes. Research has shown that our genes and cells respond to signals from outside the cells, including the hormonal and energetic messages that reflect our emotional, mental and spiritual experiences. By changing the way we think or live our life, we can control our happiness and health.

Introduction

Objective and Background

The subject of this thesis is merging the new findings in medicine and science with the wisdom of Chinese Medicine and connection with the Heart. This study investigates the relationship between particular factors that determine how beliefs, perceptions, emotions affect our health. It contributes to the body of knowledge addressing issues such as: do our genes control us? How does our environment affect our health? What are the affects of stress? What can be done to change our perceptions? What is the role of Chinese Medicine and the Heart?

In particular, the thesis addressed the question: What role do emotions and the Heart play in healing? Is the heart more than just a pump? Throughout history, the one part of the body universally associated with positive emotions is the heart. Philosophers, poets and prophets and ordinary people have made this association. In The Epic of Gilgamesh, the oldest recorded human story, the heart is seen “as the wellspring of our human emotions.” In most early civilizations, the heart was considered the seat of happiness, joy, ecstasy and other positive emotions.

Only recently has science begun unweaving the mystery of the heart and decoding its many functions beyond pumping blood, including its functional role in generating emotional states, especially positive ones.

Over the past several decades, scientific research has established that, far more than merely serving as a mechanical pump, the heart functions as a sensory organ and complex information encoding and processing center. Groundbreaking research in the relatively new field of neurocardiology has demonstrated the heart has an extensive intrinsic nervous system sufficiently sophisticated to qualify as a “little brain” in its own right. Containing over 40,000 neurons, the heart’s complex circuitry enables it to sense,

regulate and remember. Moreover, the heart brain can process information and make decisions about cardiac control independent of the brain and central nervous system.

The heart, is the most powerful and consistent generator of rhythmic information patterns in the body, it possesses a far more extensive communication system with the brain than other organs. The heart is in continuous connection with the brain and other bodily organs and systems through multiple pathways.

The following chapters will explore the emerging of the new science and research that supports the field of the new biology. The chapters will also discuss the fundamental contributions in the fields of energy medicine, emotions and energy psychology. Finally, the emerging research into Chinese Medicine and the Heart connection allowing for the birth of Evolvere Therapy.