

## SCHEDULING INFORMATION

Evening and weekend appointments are available. To schedule an appointment:

- Call 800-689-0250. Leave your name, number, and a convenient time when you can be reached.
- Expect a return call within one business day.
- Send an email with your name, phone number, and the best way to reach you.

## PAYMENT INFORMATION

Payment of fee or co-pay is expected at the time of service. Payment can be made by check or cash. Most insurances are accepted. However, it is always a good idea to call your insurance company before scheduling so that you know exactly what your policy will cover. Fee for service can be arranged for those who are uninsured.

## BACKGROUND INFORMATION

### **Carmen Ranalli Morrison, Ph.D.**

- ◆ Ph.D. in Clinical Psychology, Graduate School of Psychology, Fuller Theological Seminary Pasadena, California
- ◆ M.A. in Theology, Fuller Theological Seminary Pasadena, California
- ◆ M.S. Education, Alfred university Alfred, New York
- ◆ Licensed in Pennsylvania for over 12 years
- ◆ Member : PA Psychological Association and the American Association of Christian Counselors

### **Renee Donovan, MAMFT**

- ◆ M.A. Marriage and Family Therapy, Evangelical School of Theology Myerstown, PA
- ◆ Member of the American Association of Marriage and Family Therapists
- ◆ Member of the American Association of Christian Counselors

### **Ann Bowman, M.A., Ed.S.**

- ◆ M.A. Community Counseling, James Madison University, Harrisonburg, VA
- ◆ Licensed in Pennsylvania since 2008
- ◆ Member of the American Association of Christian Counselors

### **Courtney Harris, M.A.**

- ◆ M.A. Counseling, Philadelphia Biblical University, Lansdale, PA
- ◆ Member of the American Association of Christian Counselors



Lifegrowth Psychological

S E R V I C E S

*Hope for  
change in  
every stage  
of life*

**CARMEN MORRISON, PH.D.**  
*Licensed Psychologist*

**RENEE DONOVAN, MAMFT**  
*Marriage and Family Therapist*

**ANN BOWMAN, M.A., ED.S.**  
*Licensed Professional Counselor*

**COURTNEY HARRIS, M.A.**  
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## ABOUT US

AT LIFEGROWTH PSYCHOLOGICAL SERVICES, WE BELIEVE THAT



- ◆ WE ARE ALL CREATED TO GROW WITH A PURPOSE.
  - ◆ EACH OF US HAS TREMENDOUS POTENTIAL TO BECOME WHOLE,
  - ◆ WE ARE MEANT TO HAVE LIFE, AND HAVE IT MORE ABUNDANTLY.
- SOMETIMES, WE ALL RUN INTO OBSTACLES THAT ROB US OF OUR POTENTIAL AND PURPOSE. AT THESE TIMES, WE CAN BENEFIT FROM THE WISDOM, EXPERIENCE, AND EXPERTISE OF A CARING AND OBJECTIVE THERAPIST. TOGETHER, WE CAN COLLABORATE TO USE THE RESOURCES EACH PERSON HAS, WHILE ALSO GAINING SOME NEW ONES, TO SET YOU ON A GROWING PATH TOWARD HEALTH AND WHOLENESS. WE LOOK FORWARD TO USING OUR EXPERIENCE IN SERVING YOU.

## SERVICES OFFERED

### FAMILY AND MARITAL THERAPY

*Our approach to families and marriages in crisis draws from a theoretical approach called emotionally focused therapy. This approach includes working with the participants to develop connections with one another that are healthy, honest, and heart-felt.*

### CHILD AND ADOLESCENT THERAPY

*With 15 years of combined experience, we have helped children and youth struggling with behaviors, anxiety, depression, divorce, grief, and other issues that disrupt their growth and development. In addressing these issues, we work with all the systems that impact their lives, from family to school, from church to activities. We also have substantial experience working with families in turmoil over custody issues.*

### EDUCATIONAL AND PSYCHOLOGICAL TESTING

*For children, difficulties in mood and behavior are often related to difficulties in learning. Understanding a child's learning needs can provide direction for interventions at school and at home. Our specialized training and experience enable us to help many children and youth who have been unacceptably "stuck". For adults, psychological testing is also useful in diagnosing occupational potential, interpersonal difficulties, and issues related to disability.*

### GROUP THERAPY

*We offer a variety of groups for children and adults on an ongoing basis, covering specialized issues such as divorce, self-harm, and parenting. Please check out the website for a list of current group offerings.*

### INDIVIDUAL THERAPY

*We approach individual issues in an individualized way. We strive to help each person set realistic, achievable goals for growth and health. To accomplish these goals, we use a combination of cognitive-behavioral, interpersonal, and existential/spiritual approaches to help you grow toward health.*

### FLUENT IN SPANISH AND EXPERIENCED IN CROSS-CULTURAL ISSUES

*Having grown up in a cross-cultural setting, Dr. Morrison has native fluency in the Spanish language. She also did her research on cross-cultural issues in families. These experiences have provided her with both personal and professional knowledge of the distinctive issues that arise for people faced with the challenge of navigating life between two cultures.*

### PRE-MARITAL COUNSELING

*As part of our commitment to building strong, lasting marriages, we are pleased to offer Becoming One, a comprehensive premarital counseling program. Please refer to our website for detailed information on how what engaged couples can benefit from intensive, focused preparation for marriage.*

**Peace, Purpose, and Potential are all within reach. Together, we can make it happen!**