

**Certificate in Sport & Active Leisure  
Course Information Summary Sheet.**

<b>Type of Qualification</b>	BTEC
<b>What makes up the framework? (if applicable)</b>	N/A
<b>Name of Course / Qualification</b>	Certificate in Sport & Active Leisure
<b>Level of Qualification</b>	Level 1
<b>Guided Learning Hours</b>	130
<b>Expected Completion Time</b>	1 academic year
<b>Points Allocated to Course</b>	20/40/60
<b>Course Accredited by?</b>	Edexcel

**Example of Units (The unit number and name)**

<b>Mandatory</b>	<b>Optional</b>
12. How the Body Works	
10. Risks and Hazards in Sport and Active Leisure	
17. Job Opportunities in Sport and Active Leisure	
6. Improving Own Fitness	

**How many Mandatory and how many Optional units are required?**

<b>Mandatory</b>	4		<b>Optional</b>	N/A	
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**Brief Summary of Course and who it is appropriate for.**

It is an introduction to working within the sport and active leisure sector, covering essential knowledge such as how the body works, how to assess risks and hazards and the types of job and job role they can do within the industry. It gives learners a solid foundation from which to progress on to higher qualifications and improve their work.

**What type of Programmes are available? (e.g. Apprenticeship / Schools)**

Schools Programme open to years 10 & 11