

PREOPERATIVE INSTRUCTIONS

1. Wear a comfortable short-sleeved shirt on the day of surgery.
2. NO EATING or DRINKING, including water for **6** hours prior to surgery.
3. You must have a responsible adult to escort you to and from the office. Your driver must remain in the office during surgery. They cannot leave and come back. You may not drive for 24 hours after surgery.
4. Please don't wear any jewelry, bracelets, watches, etc., on the day of surgery.
5. Start your antibiotics the day before surgery and then take them until gone. (Women using birth control pills should take additional birth control precautions during the use of antibiotics and for 30 days after completion of antibiotics.)
6. Start your Peridex mouth rinse the day before surgery and rinse for one week.
7. If you are taking medication for a heart condition, high blood pressure, or a blood thinner, ask the doctor which medications you should take on the day of surgery. Most medications may be taken with a **sip** of water.
8. Please arrive 15 minutes prior to your surgery time to take care of any financial arrangements and set up your postoperative appointment.
9. No hard contact lenses should be worn during surgery. No nail polishes. Acrylic nails on the right index finger should be removed.
10. Please have your prescriptions filled before your surgery so that you may begin your antibiotic medication and mouth rinse the day before your procedure. You should also have your pain medication ready at home when you arrive after your procedure.
11. Vicodin/Hydrocodone is a narcotic pain medication. This should always be taken with food. This will decrease the side effects.
12. Ibuprofen is a non-narcotic medication. Typically, there are no side effects with this medication.
13. Both of these pain medications should be utilized to optimize your pain relief. They will not be taken simultaneously but at their own intervals throughout the day.

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