

2008 CSA Growers

- ❖ Jessa Griewe
- ❖ John Huffman
- ❖ Marc Luff
- ❖ Shelia & Tim Merkel
- ❖ Christopher & Dawn Merkel
- ❖ S. Marie Nett, OSF
- ❖ Allen & Donna McCool
- ❖ Kenny & Sue Keyes
- ❖ Ande Schewe
- ❖ Mike & Paul Swango
- ❖ Richard Salatin
- ❖ Gabe Seidman

See grower descriptions on website.

Benefits for Subscribers

- ❖ Fresh, naturally grown seasonal produce packaged each week for 18 weeks, ready for pick-up at packing site
- ❖ Weekly newsletter with farm news and nutrition information and recipes
- ❖ Opportunity to buy bulk produce for canning and freezing at wholesale rates
- ❖ Opportunity to volunteer at a farm
- ❖ Opportunity to participate in farm tours and events
- ❖ Opportunity to connect with like-minded people
- ❖ Opportunity to use your “power of the plate” to insure a healthy ecosystem in your town

Agreements by Subscribers

- ❖ Pay subscription fee on time according to selected plan
- ❖ Pick up weekly box on time, arrange for someone else to pick it up, cancel share for that week or donate to Safe Passage
- ❖ Share weather risks with growers

FarmFresh CSA Offers Seasonal Eating Pleasures

By joining a CSA (Community Supported Agriculture), subscribers are committed to eating in accord with the seasons. Items in the weekly box will reflect the cycle of our bio-region's growing patterns. Growers plant a variety of heirloom and hybrid items that are known to be hardy and resistant to diseases. Subscribers may find some vegetables that may be new to them, but are hardy in this climate. CSA newsletters will provide nutritional information and recipes for preparing tasty dishes. Your family will love the weekly variety and surprises.

Weekly boxes include 8-10 different items selected from available harvests of several growers.

Early to Mid - Summer Selection			Late Summer/Fall Selection		
beans	beets (w/grns)	broccoli	beans	beets (w grns)	broccoli
cabbage	carrots	cauliflower	cabbage	carrots	cauliflower
corn	cucumber-slicers	eggplant	corn	cucumbers	egg plant
garlic curls	kale	kohlrabi	garlic bulbs	kale	leeks
leeks	lettuce	onions	lettuce	onions	peas (snap)
peas(snap)	peppers(sweet)	potatoes	potatoes	pumpkin	radishes
radishes	scallions	spinach	scallions	spinach	swiss chard
rhubarb	swiss chard	tomatoes	tomatoes	turnips	sweet potatoes
salad greens mix	tomatoes (grape, cherry, or pear)			salad greens mix	peppers (sweet & green)
turnips (w/greens)	cherries (sweet & tart)			apples & pears (from local orchards)	
summer squashes (patty pan, yellow, zucchini)				melons: cantaloupe, honeydew, or watermelon	
Herbs and hot peppers (by order only)				tomatoes: grape, cherry, pear	
<i>Note: The coop is offering a new spring share from mid-May to mid-June for a limited number of former CSA members. If the spring weather cancels this option, the summer season may start as early as June 4, 2008. If that happens, both asparagus and strawberries may be included.</i>					
			winter squashes: acorn, butternut, delicata spaghetti		
			*Herbs and hot peppers by order only:		
			basil, chives, cilantro, dill weed, garlic chives,		
			marjoram, oregano, parsley, rosemary, sage, summer		
			savory and thyme		

Pick-Up Site Information

When: Wednesdays, 3:45-6:15 p.m.
June 25 - October 22, 2008
(with a possible earlier start in June)

Where: Walhill Farm, Batesville
857 Six Pine Ranch Road

From SR 229 turn onto Six Pine Ranch Road at the Hansen Center and drive about 2 miles to mailbox #857. From SR 46, take Lammers Pike to Merkel Road to its end at CR 1600 N. Turn left to continue to #857.

Please mail check or money order to:

FarmFresh CSA
407 Merkel Road, Batesville, IN 47006
Phone: (812) 933-0762
Cell: (812) 212-2655
FarmFreshcsa@aol.com



CSA Subscriber Sign-Up

- Deposit of \$80 by May 1 (\$55 refundable before May 1) with Option A or B below for balance

Option A

- Balance in two payments of \$230, payable July 1 and September 1

Option B

- Balance in four payments of \$115, payable first of each month July through October

- Full payment of \$540 now

Total enclosed with sign-up: \$ _____

Check or money order payable to FarmFresh CSA

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

For the 2008 season, 42 shares will be available on a first-come basis with paid deposits. Weekly amount in share averages about 3/4 bushel of produce for a family of two adults and two children or for two vegetable-loving adults. The seasonal fee of \$540, or \$30.00 per week, includes a fair price for growers and costs for labor and overhead to pack the weekly boxes.

Fresh produce ... from our fields to your table within a day or two. Enjoy the taste of freshly harvested fruits and vegetables.

FarmFresh CSA
Laughery Valley Growers, Inc.
407 Merkel Road
Batesville, IN 47006

FarmFresh CSA

Community Supported Agriculture
Mid-June to Late October 2008



Support local agriculture
and the local economy,
meet like-minded people
and enjoy fresh, naturally
grown food.

Fresh and Local Produce from
Laughery Valley Growers, Inc.

Visit www.foodandgrowers.org
for more information on LVG, Inc.

"How we eat determines, to an extent, how the world is used."
-Wendell Berry

About CSA

Community Supported Agriculture is a system of local food production that focuses on sustainable agriculture practiced by farmers and supported by members of a local community. A CSA creates a direct relationship between those who want to eat safe, fresh nutritious food and those who grow it. Growers agree to provide a weekly share of their harvest to subscribers who support them by paying a fee in advance of the harvest season. CSA subscribers join with growers in assuming the costs, risks and reward of growing the season's crops. Such fees pay for seeds, supplies, labor, water, equipment maintenance, soil-building amendments and other expenses needing payment before harvesting. They also include expenses for the management and packing of weekly produce.

Comments from 2006 Subscribers

"Since increasing my intake of your vegetables, I have more energy."

"I loved this! I can't wait until next year."

"I liked the opportunity to try new vegetables that I normally wouldn't try."

"This is a great gift we open each Wednesday."

"I've used some of the veggies as baby food ... she loved it!"

Growing for you

Our growers are committed to using ecological friendly practices with minimum or no input of synthetic pesticides or fertilizers and no genetically modified seeds. Growers use natural mineral fertilizers, composts, cover crops and crop rotation practices to build organic matter in soils to protect plants against insect, weed and disease problems.



CSA subscribers' purchasing power reflects concern for environmental protection for soil, water and air quality, for their own health needs and for economic justice for family farms. When food items are shipped hundreds or thousands of miles, they depend upon the fossil-fuel system. Such food is necessarily harvested before fully ripe or mature and is often coated with preservatives. Local food is fresh, flavorful and more nutritious because it is harvested only a day or two before CSA subscribers obtain it.

Laughery Valley Growers, Inc. is an agricultural trade cooperative incorporated by the State of Indiana in June 2006. CSA growers are members of this co-op. Their farms are located in the watershed of Laughery Creek in Ripley County or the nearby watersheds for towns of Holton, Moores Hill, Oldenburg and Penntown.