



GOALIE CLINIC

Balance...Quickness...Movement!

2 hours of Expert Instruction + Drills

From: **Strong Hockey**

Chris Moretter, Fairport High School Head Coach

Will Be the Lead Goalie Instructor

5 Goalie Instructors On-Ice Total!

Stations – One Station for every 3 Goalies

We will Have Shooters On-Hand

We will Focus On:

Better Balance

Better Recovery

Game Situations

Building Confidence

Quickness

Save Techniques

Station Work

Poke Checks

Where: at the Thomas Creek Arena

When: **December 24th, 10:00 - 11:50 a.m.**

All Ages Appropriate. We will offer instruction for every age group.

*** A limit of 25 Goalies Total**

Total Cost: \$40

To Register: Please fill out this form and send a check for \$40 made payable to: Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Questions: send to Jim Armstrong's e-mail, jtarm@frontiernet.net

Name of Skater: _____ Age: _____ TC Goalie

Parents Names: _____

Address: _____ Town: _____ Zip: _____

Telephone: _____ E-mail: _____

For Additional Clinics – see: www.StrongHockey.com

We look forward to working with you! Strong Hockey LLC

