

PRE-EVALUATION Clinics

Stay in Shape, Stay Sharp



3 Hours of Skating + Drills

From: **Strong Hockey**

Goalies Needed, Goalie Instructor On-ice

We Will Focus On:

- **Skating, Passing, and Shooting**
 - **Positional Skating**
 - **1 on 1's, 2 on 1's**
 - **Conditioning Skating**
 - **Minimal Scrimmaging**

Where: at the Webster Arena

When: Tuesday, April 6th, 5:30 – 7:00

Thursday, April 8th, 5:30 – 7:00

For Ages: 10 - 13

Total Cost: \$30

- 4 Instructors on-ice with 32 skaters
- Goalie Instructor on-ice

To Register: Please fill out this form and send a check for \$30 made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Questions send to Jim Armstrong's e-mail, jtarm@frontiernet.net

Name of Skater: _____ Age: _____ Web Pre

Parents Names: _____

Address: _____ Town: _____ Zip: _____

Telephone: _____ E-mail: _____

- For Our Summer Camps see: www.StrongHockey.com

