



Young Players Skating Clinic

For ages: 5 - 8

... Minimal Experience Necessary

1.5 hours of Skating Instruction

From: Strong Hockey, Jim Armstrong and Staff

1 Instructor on-ice for every 6 skaters

We will Focus On:

How to Stop and Start

- Turning – Improving Balance
- Coordinating all of my body in the same direction
 - Longer Strides
 - Forwards + Backwards
 - Carrying the Puck

Strong Hockey Background: We have been teaching young skaters Skills Improvement for the past 11 years. Visit us at: www.StrongHockey.com

For: Young skaters that want to learn

Where: at the Lakeshore Ice Arena

When: Friday, April 2nd, 9:00 – 10:30 a.m.

Questions? e-mail Jim: jtarm@frontiernet.net

Total Cost: \$16

To Register: Please fill out this form and send a check for \$16 made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

Name of Skater: _____ LS YS

Telephone: _____ E-mail: _____

Parents Names: _____

Address: _____

We look forward to working with your skater! Strong Hockey, LLC.

