



# Young Players Skating Clinic

## For ages: 5 - 8

... Minimal Experience Necessary

1.5 hours of Skating Instruction

**From: Strong Hockey, Jim Armstrong and Staff**

1 Instructor on-ice for every 6 skaters

We will Focus On:

### How to Stop and Start

- Turning – Improving Balance
- Coordinating all of my body in the same direction
  - Longer Strides
  - Forwards + Backwards
  - Carrying the Puck

**Strong Hockey Background:** We have been teaching young skaters skills improvement for the past 11 years. Visit us at: [www.StrongHockey.com](http://www.StrongHockey.com)

**For:** Young skaters that want to learn

**Where:** at the Webster Arena

**When:** Friday, April 2<sup>nd</sup>, 2:30 – 4:00

**Questions?** e-mail Jim: [jtarm@frontiernet.net](mailto:jtarm@frontiernet.net)

**Total Cost:** \$17

**To Register:** Please fill out this form and send a check for \$17 made payable to Strong Hockey, 1370 New Seabury Ln, Victor, 14564.

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Name of Skater: \_\_\_\_\_ Web YS

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Parents Names: \_\_\_\_\_

Address: \_\_\_\_\_

We look forward to working with your Skater! Strong Hockey LLC