TO REGISTER

Please: 1) Fill out registration below and return.

2) Enclose a check for \$280 (new camper) or \$260 (returnee) payable to Strong

Hockey Camp.

Send to: Jim Armstrong,

Strong Hockey Camp 1370 New Seabury Lane

Victor, NY 14564

QUESTIONS: e-mail Jim at: JTARM@Frontiernet.net

We suggest that you **REGISTER EARLY** as each group will have a maximum of 32 skaters and 4 goalies only. **As always, we will fill up.** First come, first served.

For more info: www.stronghockey.com

Please enroll my skater for The Strong Summer Hockey Camp. Please Check
 □ Group 1, Ages 6-8 □ Group 2, Ages 9-10 □ Webster 8/9 - 8/14 □ Group 3, Ages 11-14 □ Both
Name of Skater
Address
DOB
Parent(s) Name
Goalie: Y N (circle one)
Phone
E-mail
Person to contact during camp days in case of emergency. (Include telephone number.)

Strong HockeyJim Armstrong
1370 New Seabury Ln.
Victor, NY 14564



HOMAS CREEK & WEBSTER
Strong Summer
Hockey Camps!

PRESORTED
STANDARD
U.S. POSTAGE
PAID
Rochester, N.Y.

OUR 16TH YEAR!



STRONG HOCKEY 2015 SUMMER HOCKEY CAMPS

Skate Faster... Shoot Harder... Improve Your Game!

One Full Week:

Thomas Creek: July 26 - 31 Webster: August 9 - 14

- 6 Hours Daily 3 HOURS ON-ICE PER DAY
16 HOURS OF TOTAL ICE TIME
1+1/2 hrs. of POWER SKATING in a.m.
1+1/2 hrs. of PUCK SKILLS/TEAM PLAY in p.m.

FOR AGES: 6 - 8, Group 1 9 - 10, Group 2 11 - 14, Group 3

- INSTRUCTORS THAT CARE
- GREAT VALUE... GREAT PRICE!
- SPECIAL GOALIE INSTRUCTOR

www.stronghockey.com

"Your skater will receive expert instruction in a fun environment. We care about your skater's skills development and strive to achieve improvement. We really enjoy working with kids!"

INSTRUCTED BY: JIM ARMSTRONG

Strong Hockey Instructor – Camps and clinics on-going for 16 years

High School Coach - Canandaigua

- Webster

- 25 years total

College Coach – Lake Superior State

- RIT, National Champions

Cortland State University

Playing Experience - U.S.A. National Team

- Clarkson University

OUR INSTRUCTORS

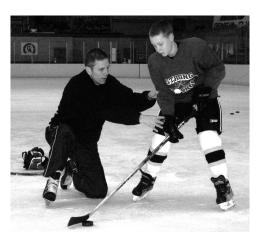
Our instructors have been with us for many years.

Most importantly they care about the kids and have fun with them. All are excellent past players, and are now High School Coaches. They are great role models for your skater!

Dave Broussard, Steve Parshall, Jason Mordaci, Nate Miller, Kyle McGrath

Goalie Instructor: Shawn McGrath – He is excellent!

During the afternoon session on friday, we will play a full-ice game. We encourage parents to attend this game.



OUR PLEDGE TO YOU:

- Developing Skills Skate Faster...
 Shoot Harder... Improve Your Game!
- Learning and having FUN!
- Jim will be on-ice for all sessions.
- 1 on 1 Instruction our Camp will have
 4 Instructors on-ice at all times and 8 total.
- Goalie Instructor on-ice for each session.
- Off-ice activities each day include: Soccer, Video, Lunch.

Total Cost of each camp \$280 Camp Returnee Rate \$260 2 camps total \$480

Family rate for each camp Enrolling 2: \$470 Enrolling 3: \$640

"Thanks for all the great work you do at camp. It is obvious at first glance that your staff is organized and hands-on. The kids are getting great instruction and having fun playing hockey!"

— Jacques

AGENDA IS AS FOLLOWS:

Our goalie instructor will be on-ice for each session.

AGES 6 - 8 Group 1

Sunday July 26 and August 9

1:00 - 1:30 p.m. Registration, meet instructors

1:45 p.m. Meeting between parents and Jim Armstrong

2:00 - 3:00 p.m. 1st on-ice session

Monday - Friday, July 27-31 and August 10-14

8:00 - 9:30 a.m. 1st on-ice session

9:45 - 11:00 a.m. Outside activity, soccer, etc.

11:00 - 12:10 p.m. Lunch, break 12:30 - 2:00 p.m. 2nd on-ice session 2:15 p.m. Finished for the day

AGES 9 - 10 Group 2

Sunday July 26 and August 9

2:00 - 2:30 p.m. Registration, meet instructors

2:45 p.m. Meeting between parents and Jim Armstrong

3:00 - 4:00 p.m. 1st on-ice session

Monday - Friday, July 27-31 and August 10-14

9:30 - 11:00 a.m. 1st on-ice session

11:15 - 12:30 p.m. Outside activity, soccer, etc.

12:30 - 1:40 p.m. Lunch, break 2:00 - 3:30 p.m. 2nd on-ice session 3:45 p.m. Finished for the day

AGES 11 - 14 Group 3

Will also focus on all game situations, including aggressiveness, checking, offensive & defensive plays.

Sunday July 26 and August 9

3:00 - 3:30 p.m. Registration, meet instructors

3:45 p.m. Meeting between parents and Jim Armstrong

4:00 - 5:00 p.m. 1st on-ice session

Monday - Friday, July 27-31 and August 10-14

11:00 - 12:30 p.m. 1st on-ice session

12:45 - 2:00 p.m. Outside activity, soccer, etc.

2:00 - 3:10 p.m. Lunch, break 3:30 - 5:00 p.m. 2nd on-ice session 5:15 p.m. Finished for the day

www.stronghockey.com