

TO REGISTER

Please:

- 1) Fill out registration below and return.
- 2) Enclose a check for \$280 (or apply returnee rate / special family rate) payable to:
Strong Hockey Camp.

Send to: Jim Armstrong,
Strong Hockey Camp
1370 New Seabury Lane
Victor, NY 14564

QUESTIONS: ask Jim at his E-Mail
site: JTARM@Frontiernet.net

- Suggest that you **REGISTER EARLY** as each group will have a maximum of 30 skaters and 4 goalies only. – **As always, we will fill up.** First come, first served.

For more info: www.stronghockey.com

Please enroll my skater for **The Strong Summer Hockey Camp. Please Check**

Group 1, Ages 6-8	<input type="checkbox"/>	Fairport 7/19 - 7/24	<input type="checkbox"/>
Group 2, Ages 9-11	<input type="checkbox"/>	Webster 8/2 - 8/7	<input type="checkbox"/>
Group 3, Ages 12-14	<input type="checkbox"/>	Both	<input type="checkbox"/>

Name of Skater _____

Address _____

DOB _____

Parent(s) Name _____

Goalie: Y N (circle one)

Phone _____

E-mail _____

Person to contact during camp days in case of emergency.
Include telephone number.



**FAIRPORT & WEBSTER
SUMMER HOCKEY CAMPS!**

Strong Hockey
Jim Armstrong
1370 New Seabury Ln.
Victor, NY 14564

FAIRPORT & WEBSTER SUMMER HOCKEY CAMPS



OUR 10TH YEAR!

BY STRONG HOCKEY

Skate Faster... Shoot Harder...

Improve Your Game!

One Full Week:

FAIRPORT: July 19TH - 24TH

WEBSTER: August 2ND - 7TH

- 6 Hours Daily -

3 HOURS ON-ICE PER DAY

16 HOURS OF TOTAL ICE TIME

1+1/2 hrs. of POWER SKATING in a.m.

1+1/2 hrs. of PASSING + SHOOTING in p.m.

FOR AGES: 6 - 8, Group 1

9 - 11, Group 2

12 - 14, Group 3

- **INSTRUCTORS THAT CARE**
- **GREAT VALUE... GREAT PRICE!**
- **SPECIAL GOALIE INSTRUCTOR**

www.stronghockey.com

PRESORTED
STANDARD
U.S. POSTAGE
PAID
Rochester, N.Y.
Permit NO. 1000

“Your skater will receive expert instruction in a fun environment. We care about your skater’s skills development and strive to achieve improvement. We really enjoy working with kids!”

INSTRUCTED BY: JIM ARMSTRONG

Strong Hockey Instructor – Camps and clinics on-going for 10 years

High School Coach – Canandaigua (currently)
– Webster
– 19 years total

College Coach – Lake Superior State
– RIT, National Champions
– Cortland State University

Playing Experience: U.S.A. National Team
Clarkson University

OUR INSTRUCTORS

Our instructors have been with us for 10 years. **Most importantly they care about the kids** and have fun with them. All are excellent past players, and are now High School Coaches. Most are full-time teachers. They are great role models for your skater!

Also Instructing: Todd Conrow, Troy Conrow, Mike Cannarozzo, Dave Broussard, Chris Moretter (goalies) – 10th year instructing at camp. They are excellent!

- **Special goalie instructor.**
- During the afternoon session on Friday, we will play a full-ice game.
– We encourage parents to attend this game.



OUR PLEDGE TO YOU:

- Developing Skills – ***Skate Faster... Shoot Harder... Improve Your Game!***
- Learning and having FUN!
- Jim will be on-ice for all sessions.
- 1 on 1 Instruction – Our Camp will have 4 Instructors on-ice at all times and 8 total.
- Special goalie instructor for a.m. sessions.
- Off-ice activities each day include: Soccer, Video, Lunch.

- **Total Cost of each camp \$280; 2 camps total \$490**
- **Camp Returnee Rate \$250**
- Family rate for each camp
– Enrolling 2: \$480. – Enrolling 3: \$660.

“I want to thank you for the most wonderful week that Matthew had at your hockey camp. He was interested in getting a jump start on learning how to check before his Pee Wee season started. But he learned so much more. He also made a lot of new friends and really had a fun time. We will be back next year for sure.”

Kathy Licata

AGENDA IS AS FOLLOWS:

Our goalie instructor will be on-hand for each a.m. session.

AGES 6 - 8 Group 1

Sunday July 19th and August 2nd

1:00 - 1:30 p.m. Registration, meet instructors
1:45 p.m. Meeting between parents and Jim Armstrong
2:00 - 3:00 p.m. 1st on-ice session

Monday - Friday, July 20th - 24th and August 3rd - 7th

8:00 - 9:30 a.m. 1st on-ice session
9:45 - 11:00 a.m. Outside activity, soccer, etc.
11:00 - 12:10 Lunch, break
12:30 - 2:00 p.m. 2nd on-ice session
2:15 p.m. Finished for the day

AGES 9 - 11 Group 2

Sunday July 19th and August 2nd

2:00 - 2:30 p.m. Registration, meet instructors
2:45 p.m. Meeting between parents and Jim Armstrong
3:00 - 4:00 p.m. 1st on-ice session

Monday - Friday, July 20th - 24th and August 3rd - 7th

9:30 - 11:00 a.m. 1st on-ice session
11:15 - 12:30 Outside activity, soccer, etc.
12:30 - 1:40 p.m. Lunch, break
2:00 - 3:30 p.m. 2nd on-ice session
3:45 p.m. Finished for the day

AGES 12 - 14 Group 3

Will also focus on all game situations, including aggressiveness, checking, offensive & defensive plays.

Sunday July 19th and August 2nd

3:00 - 3:30 p.m. Registration, meet instructors
3:45 p.m. Meeting between parents and Jim Armstrong
4:00 - 5:00 p.m. 1st on-ice session

Monday - Friday, July 20th - 24th and August 3rd - 7th

11:00 - 12:30 1st on-ice session
12:45 - 2:00 p.m. Outside activity, soccer, etc.
2:00 - 3:10 p.m. Lunch, break
3:30 - 5:00 p.m. 2nd on-ice session
5:15 p.m. Finished for the day

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